

Essence: Sweet children, you have to do the *service* of making Bharat pure with your mind, body and wealth. You have to *liberate* this Bharat from Maya, Ravan.

Question: What worry are the children who make effort to become soul conscious liberated from?

Answer: From the suffering of karma of their old body, which comes in the form of suffering again and again. They are freed from worrying that their karmic accounts have to be settled, because it remains in their intellect: We now have to settle our old karmic accounts and become karmateet. Then, for half a cycle, no kind of illness will come to them. Baba performs such a *first-class nature cure* so that no name or trace of illness remains.

Song: You are the Mother and Father.

Om shanti. You children heard the song. You children know that you are personally sitting in front of the Purifier, the Mother and Father. You are following shrimat in order to make impure Bharat pure, because you children are in the *service* of the Supreme Father, the Supreme Soul. Baba too is in this *service*. You children know that Bharat really was pure and has now become impure. It has been 5000 years since the new world came into existence. People of the world don't know any of these things. You children are now following the Father's shrimat and serving Bharat through your mind, body and wealth. You are liberating Bharat from the chains of Maya, Ravan, and establishing the kingdom of Rama. You can explain to anyone that we have come to purify impure Bharat and so we definitely have to become pure. All the quarrelling is over purity. There is one difficulty or another. Their war is of violence whereas your war is with Ravan in the form of the 5 vices. You know that you have been following shrimat every cycle. At this time the whole world is following the dictates of Ravan. By following shrimat you become deities, those with divine directions. You now belong to the Brahmin clan. You make the whole world pure from impure. The unlimited Father comes to the children. You children say that you are once again making Bharat into the divine kingdom with your mind, body and wealth. At the beginning of the golden age, Bharat was a pure kingdom. We are establishing our divine kingdom, just as the Congress Party got together and helped (to gain independence). Gandhi Bapu served through his body, mind and wealth. He also had to go to prison. So whilst serving with his body, his mind was also engaged in that service. You know that the Father is now *liberating* you from Maya, Ravan. This One is the unlimited Father whereas that one was the Bapuji (father) of Bharat. He was not the father of everyone. In fact an elderly person is called bapuji. A *mayor* is also called bapuji. There are many *fathers*. Your *Father* is only one and none other. There is only one unlimited Bapu, Shiv Baba. He is present in *servicing* Bharat to make it pure. He must surely have come in someone's body. He must also have helpers; He wouldn't do this alone. You are the Shiv Shakti Army. It is very easy for you to explain. Those of the Congress Party also had to tolerate a great deal. Innocent women were put in prison. It was the men who endured the most suffering. You mothers now have to endure a lot of suffering because of poison. You can explain that the Father has come to create a new world and that first of all, Brahmins are needed. You Brahmins, the mouth-born creation of Brahma, become divine, that is you become the children of Vishnu. It should remain in your intellect that you truly are Baba's helpers. Hundreds of thousands have to follow shrimat. Even Bapu Gandhi had a large army. Amongst them there were good well-known ones and some who were ordinary. That Bapu liberated you from the foreigners. Baba is now giving you shrimat in order to liberate you from the enemy Ravan. Just as, they used to say that they were establishing the kingdom of Rama so it is in your intellect that you are establishing the divine kingdom by following shrimat. You have to take shrimat at every step. It is through shrimat that you will become elevated. You each have your own karmic accounts. In order to attain the karmateet stage, you have to make effort till the end. You haven't attained your karmateet stage yet; you will still have to make a lot of effort. The karmateet stage is such that even the body doesn't experience suffering. An old body will suffer till the end. It is not that anyone has become perfect. The suffering of karma has to be settled. Until you reach your karmateet stage, the storms of Maya and the suffering of your karmic accounts will continue to come. You should not worry about them. Simply remember the Father. Baba says: Become soul conscious. These words have been remembered from this time. Human beings don't know the meaning of this. You now know that by becoming *soul conscious*, you can become

detached and remember the Father. You now have to become *soul conscious*. You have to make effort: I am a soul and I am remembering the Father. Whom would you remember by saying that He is omnipresent? Baba has explained that you do not have to go anywhere for peace. You have to continue to perform actions. You have to practise being bodiless: I am a soul and these are my *organs*. The original religion of the soul is peace. We do not need a band to play. Sannyasis do hatha yoga and breathing exercises. They practise different exercises whilst sitting in a hole. Here, there is no question of hatha yoga. You simply have to understand *knowledge*. No one knows the *knowledge of God, the Father*. They say that *God, the Father*, is omnipresent. That is called false knowledge. You now know the *Father*. The *Father of All is One*. He comes and makes the impure world pure. You are Baba's helpers. You are becoming pure from impure and will then go to the pure world. There, there is the pure divine kingdom. You are studying Raja Yoga for the pure world. He becomes your *Teacher* and gives you the knowledge of the world cycle, through which you become spinners of the discus of self-realization and then kings and queens, rulers of the globe. You have to maintain this stage whilst living at home with your family. You have to tolerate a great deal. The mothers are beaten so much. Many obstacles are created in this sacrificial fire by devils. Innocent ones are assaulted for vice. People of the Congress Party were put in prison, whereas you are imprisoned in the bondage of Kans and Jarasandha etc. You do have to tolerate a little. You (mothers) are the *majority* of those who become pure. Yes, if some men are weak, they have to tolerate their wife. In fact, the people of Bharat have a rule of going into the stage of retirement after the age of 60. They renounce their household and give the keys to their children to look after everything. Worthy children look after everything very well. Their father served them and brought them up, and so it is the duty of the children to look after them. They would say: You can go to your holy gathering and we will look after everything. Nowadays, even their children become enemies. The battle of you children is with Maya, Ravan. By following Gandhi's instructions Bharat was *liberated* from the foreigners. Maya, Ravan has ruled over you for 2500 years. This Maya is very strong. It took them (Congress Party) 40 to 50 years of effort to *liberate* themselves. Here also, it takes time. You gain victory by following shrimat. Maya is your greatest and oldest enemy. Maya, your enemy, shoots you. The biggest *bomb* is lust. You have to remain very cautious of Maya. Baba says: The more you remember Me, the more your degree of happiness will rise. You know that you have become the children of God and are establishing the kingdom of self-sovereignty for 21 births by following shrimat. Those of the Congress Party only claimed self-sovereignty for a temporary period. That is not sovereignty; it is even more of a problem. However, you understand that the kingdom they received is like a mirage. How the Congress was formed is not mentioned in the Gita or the Bhagawad. You now understand that they did not receive anything. At the most, they may have become MPs and that too only for short period. Everyone is now unhappy. We are establishing heaven. Your victory is fixed in the *drama*. You are studying Raja Yoga. You understand that you will become part of the sun dynasty. Baba asks: Are you making effort to become part of the sun dynasty or the moon dynasty? You say: We are making effort to become part of the sun dynasty. Those who say "Mama and Baba" will definitely become part of the sun dynasty. This is known as *following the mother and father*. The mother and father become the sun-dynasty emperor and empress. Everyone has 100% faith in this. The mother and father say to the children: You should make effort to claim the heart-throne. Make effort by *following* them. If someone speaks auspicious words, it is said: Let there be a rose in your mouth. It is no small thing to become the part of the sun dynasty! There will be so many palaces decorated with diamonds and jewels. It is such an elevated status. You have goose pimples just by thinking about it. Baba is making us so elevated. Previously we didn't know anything. A village urchin has been remembered, but Krishna was not a village urchin. Many villagers have come here. The poor are extremely fortunate. The hearts of the wealthy shrink. Baba says: I am the Lord of the Poor. You can see all who come to claim their inheritance. Tell whomever you meet: We are presently serving Bharat. We are serving Bharat with our mind, body and wealth in order to make it into heaven. Then, if an *income tax officer* comes, he would quickly forgive you. That *Government* wastes a great deal of money. Your money makes Bharat very prosperous. There is such a contrast. Explain this to others so that their heads start to spin: Oho, you are

doing great *service* of Bharat. Do such *service*. Become very, very sweet. Remain true to the true Lord and also remember the true Lord. If you want to become masters of the land of truth, then practise remembering the true Father constantly. By maintaining remembrance, you experience happiness. There is no one else whose sorrow and suffering has been removed. There is always one sickness or another. There, nothing will happen to you. Baba performs such a *nature cure* that you will never become diseased. You become free from disease for 21 births. Therefore, you should maintain such intoxication. Explain the contrast between what the Kauravas do and what the Pandavs do. What did that Bapuji do and what does this unlimited Bapuji do? Baba liberates you from the chains of Ravan. By remembering this Father, your sins will be absolved. He is the Father, *Teacher* and the Satguru. There is a burden of sin of many births on your head. There is only one way to become pure. The water of the Ganges cannot purify anyone. It is this remembrance of the Father that makes you pure. It is not that you have to sit in meditation anywhere. Yes, it is good to sit down; you can sit together with the strength of one another. However, Baba says: No matter how you sit, you can remember Me whilst walking, moving around and doing everything. In that *school*, *students* definitely have to remember the *teacher* who teaches them. It should sit in the intellect of you children that Baba is teaching you. There is no one who doesn't remember his father or *teacher*. You know that you have to return home. Therefore, you have to remember the Satguru. You relate such *wonderful* things about how our Father is the *Teacher* and the Satguru. He is the true Father, the true *Teacher* and the true Satguru. It is the company of the Truth that takes you across, that is, He takes you into liberation and liberation-in-life. Everyone will return home from this old world, and you will then come and rule in the new world. This is your *race*. This is an unlimited horse race. You all say that you want to reach there first. Therefore, you have to stay in remembrance. *Students* are made to run. To whatever extent you make effort, accordingly you will be threaded in the rosary of victory. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from deep within the heart of the Mother, the Father, BapDada. You become very lovely. We were worship-worthy deities. Then we worship-worthy ones lost two degrees and became warriors of the moon dynasty. Then we became worshippers in the merchant dynasty and finally the shudra dynasty. We are now, once again, becoming worthy of worship from worshippers by following shrimat. Spin this cycle in your intellect. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. In order to make Bharat prosperous; use your mind, body and wealth in a worthwhile way. Become very, very sweet and do service. In order to establish the land of truth remain truthful.
2. Race ahead in the *race* of remembrance in order to be threaded in the rosary of victory. Whilst walking, moving around and doing everything, remember the Father, the *Teacher* and the Satguru.

Blessing: May you be constantly tireless and free from bondage and do everything whilst considering it to be service according to the *directions* you have received. Look after your household as your service-place and not as a bondage. Baba has *directed* you to settle your karmic accounts with yoga. When you believe it to be a bondage, and constantly say or think that it is a bondage, that bondage becomes stronger. Then, in the final moments, if you only remember your bondages, you will have to go into the jail of a womb. Therefore, never distress yourself. Neither become trapped nor become compelled. Continue to do everything considering it to be a game and you will remain tireless and free from bondage.

Slogan: Introversion means to sit in the cottage of your forehead as an embodiment of tapasya.

*** O M S H A N T I ***